



# THE EXCHANGE CLUB OF SEBASTIAN, FL

## ~~~ NEWSLETTER ~~~

Meeting 12 Noon, 2<sup>nd</sup> - last Wednesdays of the Month  
Captain Hiram's Tiffany Room, Sebastian, Florida

Volume 22, Issue 13

July 15, 2022

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Phil Barnes shared this outstanding news:

"We got the go-ahead from the National Exchange Club to become a CAP Center. So we are good to go! I will be attending a second training in Jacksonville on the 20<sup>th</sup> and 21<sup>st</sup> of this month."

Way to go Phil in working so hard to make this happen!



### Youth Guidance C.A.P. Center

Phil Barnes reports that the Youth Guidance facility is officially becoming a C.A.P. (Child Abuse Prevention) Center by the end of this month! It will be the only center in Indian River County, since the Exchange Club C.A.S.T.L.E. was dissolved. Our club made a \$15,000 donation at our July 13<sup>th</sup> meeting for the new C.A.P. Center. The center encourages parent involvement offering training in homes as well as programs at the facility and with community partners for building life skills. The facility is located at 1028 20<sup>th</sup> Place in Vero Beach. A capital campaign will begin soon for much needed renovations for a face lift and to make more usable space for programs. A core component of Youth Guidance is an at home intervention staff who give parent coaching and support. If you are interested in serving on the Youth Guidance Board of Directors, contact Phil for more information.



Phil Barnes, Executive Director of Youth Guidance accepts our \$15,000 donation from President Fred Jones

## This and That

Ali Qizilbash needs assistance with booking speakers. Suggestions are appreciated. Please contact Ali if you are able to help him find interesting speakers.

Phil Barns says the Junior Blue Water Open is scheduled for October. Meetings will begin in August. Contact Phil to assist.

Margie Duffell and Kathy Burns need assistance with the two Excel Club meetings which will meet once a month at each school beginning this fall. Diane Croteau has offered to assist. Contact Margie or Kathy if you can help, too!



### **Excel Club of Sebastian River High School**

This year the club completed at least one event in each of the four pillars of Exchange (8 total) as well as earned the National Service Award. In April the Child Prevention flag was displayed on campus. The May meeting was a celebration of all the accomplishments for the year. **Volunteers are needed to assist with these meetings!**



### **Jr. Excel Club of Sebastian Charter Junior High School**

This club has completed at least one event in all of the four pillars of Exchange (13 total) as well as earned the National Service Award. In April the Child Prevention flag was displayed on campus and students distributed fliers to home room classes. The May meeting was a celebration of all the accomplishments for the year.

**Volunteers are needed to assist with helping the students achieve activities which represent the four pillars of**

**Exchange. Any member willing to assist should contact Margie Duffell or Kathy Burns.**



## Community Giving

On July 13<sup>th</sup> we presented a check in the amount of \$1,000 to Donald Hart, Hart & Soul. Donald heads up this mentoring program for boys ages 10-18. Working through area schools and with parents, Hart and Soul mentors encourage the boys not to accept failure, but instead to focus on what they can achieve in life.



Donald Hart with Fred Jones



## July Birthdays

Laura Petersen	07/02
Lyse McDonough	07/09
Warren Dill	07/11
Diane Croteau	07/15
Karen McElveen	07/27



## July Anniversaries

**The Exchange Club Mission Statement: Exchange, Americas' Service Club, is a group of men and women working together to make our communities better places to live through programs of service in Americanism, Community Service, Youth Activities, and its' national project, the Prevention of Child Abuse.**

### 2022-2023 Officers for the Exchange Club of Sebastian

President - Frederick Jones    President Elect - Susan Baran  
Secretary - Eva Chapman    Treasurer - Diana Best  
Foundation Treasurer - Kathy Burns    Newsletter Editor - Margie Duffell  
Division Director (District 7) - Rene VanDeVoorde    District President – Steve Rawlins  
District Treasurer – Jose Ortiz    District Secretary – Shirley Sims  
District President Elect – Gem Mann  
District Immediate Past President – Joe Walsh

Mark Renehan & Joy Votrobek (ASC) 1 Year  
 Ellen Smith VanDeVoorde 3 Years  
 Laura Luettger (B&G Club) 8 Years



## Guest Speaker Series

On July 13<sup>th</sup> our guest speaker was Dr. Teresa Albizu, Chief Executive Officer of SafeSpace. SafeSpace, founded in 1979, is a state certified domestic violence agency serving Martin, St. Lucie and Indian River Counties which helps to save and change the lives of domestic violence victims. Domestic violence is a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain control over another intimate partner. The danger to the victim is trying to escape. Types of abuse can be physical, sexual, emotional, psychological, stalking and cyberstalking. Ninety-nine percent of victims are also victims of financial abuse by aggression. Domestic violence is a learned behavior which crosses all walks of life.

The mission of SafeSpace is to empower the safety and well-being of adult victims of domestic violence and their children (up to age 17) by providing intervention, prevention and advocacy services. Victims are 85% female and 15% male. A Hotline Crisis Line is available 24/7/365, and there are two emergency shelters, one in Martin and one in Indian River County. A very important service is the Injunction for Protection Program, which provides legal assistance to those who need protection from a controlling partner. Services offered are free to participants who often are self-identified as victims. The annual budget is \$4 million with 50% covered by federal and state grants and the remainder from donors and local grant funders. For more information about SafeSpace contact 772-223-2399 or visit [www.safespacefl.org](http://www.safespacefl.org).



Ali Qizilbash with Dr. Teresa Aalbizu



## Calendar of Events

### July

07/20 - Angel Pietsch, Exec. Director, Little Birthday Angels  
 07/27 - Daniel Kolodnoy, One Lagoon

The Exchange Club of Sebastian, P.O. Box 781155, Sebastian, FL 32978-1155

Find us on Facebook

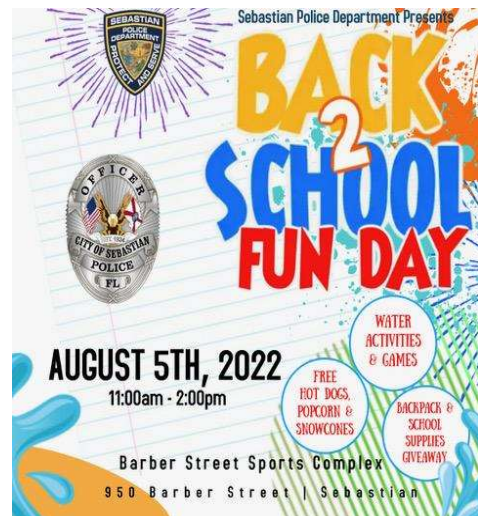
### August

08/03 – No Meeting (Board Only)



## Sebastian Police COPE News

Our club donated \$250 to the upcoming Community Oriented Policing Endeavor (C.O.P.E) Unit's **Back to School Fun Day** at the Barber Street Sports Complex. On August 5<sup>th</sup> there will be a live DJ and free hotdogs, chips, popcorn, and even snowcones! There will also be some games and water activities, as well as giving away some school supplies. Bring the kids and come on out!



## 2022-2023 Board of Directors

Congratulations to our new board and thank you all for serving our club:



Top Row L-R Diana Best, Secretary, Scott Theil, Karen McElveen, Phil Barnes, Eva Chapman, Secretary, Kathy Burns.  
 Seated L-R Rene VanDeVoorde Division 7 Director & Installing Officer, Johnathan Rhodeback, Past President, Susan Baran, President-Elect, Frederick Jones, President, and Michelle Morris.



## District Director Rene's Corner



Scholarship awards were given on Tuesday April 19<sup>th</sup> at the Sebastian River High School Performing Arts Center. Total scholarships for this year total \$10,000. The Scholarship Committee has chosen the following graduating seniors for this year's awards:

Logan Berman	\$2,000
Lucas Busch	\$2,000
Adam Chester	\$1,000
Marilyn Chrobak	\$1,000
Lillian Denning	\$2,000
Taylor Sturgeon	\$1,000
Andrea Zamus	\$1,000 (The Rappy Perez Award)

*"When it is dark enough, you  
can see the stars."*

*- Ralph Waldo Emerson*

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